

Filled in by staff

3 months **12 months** **Other** (indicate no. of months)

Patient's Personal Identity No. (12 digits) -

Form filled in on (yyyy-mm-dd) --

PATIENT QUESTIONNAIRE

First name (block letters): Last name (block letters):

You are: lefthanded righthanded ambidextrous

Arm/hand that was operated on: Left Right

This questionnaire has to do with pain/problems you have had this past week in the hand/arm that was operated on. Please indicate the degree of pain by placing a single "X" on each line. Please do not place an X beyond the line.

1. Pain when bearing weight

No Worst possible pain
pain

2. Pain when moved without bearing weight

No Worst possible pain
pain

3. Pain at rest

No Worst possible pain
pain

4. Stiffness

No Worst possible
problems problem

5. Weakness

No Worst possible
problems problem

6. Numbness / tingling in fingers

No Worst possible
problems problem

7. Cold sensitivity in fingers

No Worst possible
problems problem

8. Problems with hand function in daily activities

No Worst possible
problems problem

9. How satisfied are you with the results of the operation?

Totally Totally
satisfied dissatisfied

10. How satisfied are you with the care that you received by the clinic during your treatment?

Totally Totally
satisfied dissatisfied

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Patient's Personal Identity No. (12 digits) -

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QuickDASH (arm/shoulder/hand)

This form has to do with your symptoms and your ability to perform certain activities. Answer **each question**, on the basis of how you have been feeling **this last week**, by marking one of the alternatives for each question. If there is some activity that you have not done this past week, then mark the answer that you think **would be most correct** had you done the activity. It does not matter which arm or hand you use to perform the activity. The answer is based upon your ability regardless of how you do it.

	No difficulty	Mild difficulty	Moderate difficulty	Severe difficulty	Unable
1. Open a tight or new jar.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Do heavy household chores (e.g., wash walls, floors).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Carry a shopping bag or briefcase.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Wash your back.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Use a knife to cut food.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Recreational activities in which you take some force or impact through your arm, shoulder or hand (e.g., golf, hammering, tennis, etc.).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

7. During **the past week**, to what extent has your arm, shoulder or hand problem interfered with your normal social activities with family, friends, neighbours or groups?

Not at all Slightly Moderately Quite a bit Extremely

8. During **the past week**, were you limited in your work or other regular daily activities as a result of your arm, shoulder or hand problem?

Not limited at all Slightly limited Moderately limited Very limited Unable

Please rate the severity of the following symptoms **in the last week**:

	None	Mild	Moderate	Severe	Extreme
9. Arm, shoulder or hand pain.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Tingling (pins and needles) in your arm, shoulder or hand.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

11. During the past week, how much difficulty have you had sleeping because of the pain in your arm, shoulder or hand?

No difficulty Mild difficulty Moderate difficulty Severe difficulty So much difficulty that I can't sleep