

# Inventering rehabiliteringsprogram handkirurgi



| Diagnos/åtgärd                           | Regionkliniker |           |       |           |      |         |        | Privata enheter           |                     |                         |                              |                      |                      |                             |
|------------------------------------------|----------------|-----------|-------|-----------|------|---------|--------|---------------------------|---------------------|-------------------------|------------------------------|----------------------|----------------------|-----------------------------|
|                                          | Göteborg       | Linköping | Malmö | Stockholm | Umeå | Uppsala | Örebro | Capio Läkargruppen Örebro | Göteborg HandCenter | Capio Movement Halmstad | Aleris Elisabeth sjh Uppsala | Stockholm HandCenter | Liljeholmen Ortopedi | Farsta Ortopedi och Kirurgi |
| Amputation dig I-V                       |                |           | X     | X         | X    |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Amputation hand/underarm                 |                |           | X     |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
| Artrodes                                 |                |           |       | X         | X    |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Artrodes interkarpal                     |                |           |       | X         |      |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Boutonnierskada - konservativt behandlad |                |           | X     | X         |      |         | X      |                           | X                   | X                       |                              | X                    |                      |                             |
| Boutonnierskada - opererad               |                |           | X     | X         |      |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Brännskada                               |                |           | X     |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
| CRPS                                     |                |           |       | X         |      |         | X      |                           |                     |                         |                              |                      |                      |                             |
| Dupuytrens kontraktur - nålfasciotomi    |                |           | X     |           |      |         | X      |                           | X                   | X                       |                              | X                    |                      |                             |
| Dupuytrens kontraktur - kollagenas       |                |           | X     | X         |      |         |        |                           | X                   |                         |                              | X                    |                      |                             |
| Dupuytrens kontraktur - opererad         |                |           | X     | X         |      |         | X      |                           | X                   | X                       |                              | X                    |                      |                             |
| Extensorsenskada recentralisering        |                |           |       | X         | X    |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Extensorsenskada zon I-II                |                |           | X     | X         | X    |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Extensorsenskada zon III                 |                |           | X     | X         |      |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Extensorsenskada zon IV                  |                |           | X     | X         | X    |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Extensorsenskada zon V-VII               |                |           | X     | X         | X    |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| EPL zon I-II                             |                |           | X     | X         | X    |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| EPL zon III-V                            |                |           | X     | X         | X    |         | X      |                           |                     | X                       |                              |                      |                      |                             |
| Epikondyalgia, lateral                   |                |           | X     |           |      |         |        |                           | X                   | X                       |                              | X                    |                      |                             |
| Flexorsenskada dig II-V                  |                |           | X     | X         | X    |         | X      |                           |                     |                         |                              |                      |                      |                             |

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|  | Diagnos/åtgärd                                                 | Göteborg       | Linköping | Malmö | Stockholm | Umeå | Uppsala | Örebro          | Capio Läkargruppen Örebro | Göteborg HandCenter | Capio Movement Halmstad | Aleris Elisabeth sjh Uppsala | Stockholm HandCenter | Liljeholmen Ortopedi | Farsta Ortopedi och Kirurgi |
|  | Fraktur metakarpal konservativt behandlad                      |                |           |       |           | X    |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur metakarpal opererad                                    |                |           |       |           | X    |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur proximala falangen konservativt behandlad              |                |           | X     | X         |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur proximala falangen opererad                            |                |           | X     | X         |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur PIP-led Suzuki                                         |                |           |       | X         |      |         |                 |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur mellanfalangen konservativt behandlad                  |                |           | X     | X         |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur mellanfalangen opererad                                |                |           | X     | X         |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur distala falangen (mallet) konservativt behandlad       |                |           |       |           |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur distala falangen (mallet) opererad                     |                |           |       |           |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Fraktur skafoideum                                             |                |           |       | X         | X    |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Generella handledsskador                                       |                |           | X     | X         | X    |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Hoodskada                                                      |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Karpaltunnelsyndrom konservativt behandlad                     |                |           |       | X         |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Karpaltunnelsyndrom opererad                                   |                |           |       |           |      |         | X               |                           | X                   | X                       |                              | X                    |                      |                             |
|  | Ligamentskada SL                                               |                |           |       | X         |      |         |                 |                           | X                   | X                       |                              | X                    |                      |                             |
|  | Ligamentskada TFCC                                             |                |           |       | X         | X    |         |                 |                           | X                   | X                       |                              | X                    |                      |                             |
|  | Ligamentskada UCL/RCL                                          |                |           | X     | X         | X    |         | X               |                           | X                   |                         |                              | X                    |                      |                             |
|  | Nervskada medianus                                             |                |           | X     | X         |      |         | X               |                           |                     |                         |                              |                      |                      |                             |
|  | Nervskada ulnaris                                              |                |           | X     | X         |      |         | X               |                           |                     |                         |                              |                      |                      |                             |
|  | Nervskada digital                                              |                |           | X     |           |      |         |                 |                           |                     | X                       |                              |                      |                      |                             |
|  | PIP-ledsluxation utan volarplatteskada                         |                |           | X     |           |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | PIP-ledsluxation med volarplatteskada och risk för sublaxation |                |           | X     |           |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |

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|  | Diagnos/åtgärd                                                         | Göteborg       | Linköping | Malmö | Stockholm | Umeå | Uppsala | Örebro          | Capio Läkargruppen Örebro | Göteborg HandCenter | Capio Movement Halmstad | Aleris Elisabeth sjh Uppsala | Stockholm HandCenter | Liljeholmen Ortopedi | Farsta Ortopedi och Kirurgi |
|  | Plexusskada obstetrisk, 2 överarm rotationsosteotomi humerus           |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada obstetrisk, 3, armbåge, bicepstransfer                     |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada obstetrisk, 4, underarm, rotationsosteotomi, radius        |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada obstetrisk, 5, underarm, rerouting av biceps               |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada obstetrisk, 6, handled, sentransferering handledsextension |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada traumatisk skada och information 1, primär kirurgi         |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada traumatisk skada 2, armbåge                                |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada traumatisk skada 3, underarm rotationsosteotomi radius     |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada traumatisk skada 4, handled                                |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Plexusskada födelserelaterad primärkirurgi                             |                |           |       | X         |      |         |                 |                           |                     |                         |                              |                      |                      |                             |
|  | Proteskirurgi handled                                                  |                |           | X     | X         |      |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Proteskirurgi CMC 1                                                    |                |           |       |           |      |         |                 |                           | X                   | X                       |                              | X                    |                      |                             |
|  | Proteskirurgi PIP                                                      |                |           |       | X         | X    |         | X               |                           | X                   | X                       |                              | X                    |                      |                             |
|  | Proteskirurgi MCP                                                      |                |           | X     | X         | X    |         | X               |                           |                     | X                       |                              |                      |                      |                             |
|  | Replantation dig I-V, hand                                             |                |           | X     | X         |      |         | X               |                           |                     |                         |                              |                      |                      |                             |
|  | Sentransferering EIP-EPL                                               |                |           |       | X         | X    |         |                 |                           |                     | X                       |                              |                      |                      |                             |
|  | Submuskulär ulnaristransposition                                       |                |           | X     |           |      |         |                 |                           |                     | X                       |                              |                      |                      |                             |

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|  | Tennebfraktur            |                |           | X     |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
|  | Tenolys flexorsenskada   |                |           | X     | X         |      |         | X      |                           | X                   |                         |                              | X                    |                      |                             |
|  | Tenolys extensorsenskada |                |           |       | X         |      |         | X      |                           | X                   | X                       |                              | X                    |                      |                             |
|  | TFCC skador, opererade   |                |           | X     | X         | X    |         |        |                           | X                   | X                       |                              | X                    |                      |                             |
|  | Tumbasartros operation   |                |           | X     | X         | X    |         | X      |                           | X                   | X                       |                              | X                    |                      |                             |
|  |                          |                |           |       |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
|  |                          |                |           |       |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
|  |                          |                |           |       |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
|  |                          |                |           |       |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
|  |                          |                |           |       |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
|  |                          |                |           |       |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |
|  |                          |                |           |       |           |      |         |        |                           |                     |                         |                              |                      |                      |                             |

Capio Läkargruppen Örebro, Liljeholmen Ortopedi och Farsta Ortopedi och Kirurgi har inte integrerade rehabenheter och därmed inga rehabprogram att dela.